

**ELAINE
BROE**

**LEADERSHIP
& LEARNING
EXPERIENCES**

Coaching



Design Your Coaching Solution

To help determine the right coaching experience for you, begin by identifying the package that fits your leadership needs, commitment level, and budget. Then reach out and arrange a call to make sure we both feel it's the right fit and timing for a coaching partnership. We'll finalize any questions and get to work.

If you're still on the fence, check out the "Am I Ready for Coaching" form to help with your decision making.

[AM I READY FOR COACHING?](#)

Executive Coaching

You're a senior leader who's seeking the evolution of your career and legacy. Your obligations and responsibilities are significant. You want to find the next level of what you're capable of achieving with your people and your organization. You're in need of a coach and thought partner.

COST:

\$7,000.00
2-3 MONTH
PARTNERSHIP

EXECUTIVE 360° PACKAGE INCLUDES:

- 360° Interviews with up to 15 people
- EQi 360° Emotional Intelligence Assessment with up to 25 people
- A summary report with strengths, gaps, and leadership stretch opportunities
- A customized coaching design to identify key goals and outcomes
- Two coaching debriefs to review feedback and attend a stakeholder meeting

\$8,000.00
YEAR-LONG
PARTNERSHIP

EXECUTIVE COACHING PACKAGE INCLUDES:

- First three months: Calls every 2 - 3 weeks to observe patterns and refine goals
- Remainder of the contract: monthly calls scheduled based on your needs
- Opportunity meeting with your board, or executive sponsor
- Additional resources, tools, and ongoing coach availability

\$6,000.00
6 MONTH
PARTNERSHIP

WHO THIS IS FOR:

Executives, CEO's Senior Leaders, Experienced Directors and Board Members



Leadership Coaching

COST:

\$4,500.00

4-MONTH

PARTNERSHIP

\$6,500.00

6-MONTH

PARTNERSHIP

You want to strengthen your leadership capabilities and rise to the next level of your career. Coaching will help you increase your leadership skillset, identify your stretch goals, and create accountability for changing habits. Areas of focus might include managing team dynamics and conflict, or practicing increased self-awareness and emotional intelligence.

PACKAGE INCLUDES:

- A personal leadership assessment focused on your coaching plan
- Identifying clear goals and actions for the coaching outcome
- Scheduled coaching calls based on every 2-3 weeks
- Resources and tools customized to your coaching development
- Select a personal assessment tool to identify leadership styles, conflict patterns or emotional intelligence strengths in support of your progress areas

WHO THIS IS FOR:

Directors, Managers, Project Leads and Emerging Leaders with significant responsibilities

Personal Coaching

COST:

\$4,000.00

4-MONTH

PARTNERSHIP

\$6,000.00

6-MONTH

PARTNERSHIP

Do you feel stuck? Do you want to change something about your life? Perhaps you're in the midst of a transition you've been wanting to make, or maybe you understand that you're standing in your own way and want to make that change.

PACKAGE INCLUDES:

- Identifying clear goals and actions that define what you want to achieve
- Scheduled coaching calls based every 2-3 weeks
- Customized learning resources and communication tools

WHO THIS IS FOR:

People who are committed and excited about creating change



Presentation & Storytelling Coaching

COST:

\$2,000.00

4 COACHING SESSIONS

\$5,000.00

6 COACHING SESSIONS

Whether you want to impress senior leadership, communicate your ideas confidently or present effectively at conferences, this is your opportunity to shine. Learn more about your physical preparedness and breath through somatic exercises and receive coaching on framing ideas, storytelling, voice, and how to engage a room.

PACKAGE INCLUDES:

- An intro call to clarify goals and challenges
- 4 or 6 coaching sessions includes content and resource guide
- Personalized presentation and speaking practices
- Storytelling coaching and refinement of your message

WHO THIS IS FOR:

People with a presentation, facilitation opportunity, or in need of communication, storytelling coaching

Team Coaching

COST:

\$6,500.00/ TEAM

6-MONTH

PARTNERSHIP

A coaching combination of individual goal focus, peer support, and applied leadership practice. In teams of three, leaders experience a six-month long development experience using the DiSC assessment. We recommend a thoughtful approach to creating the team coaching group, engaging leaders from across the organization for the most value.

PACKAGE FOR A TEAM OF THREE INCLUDES:

- Monthly coaching calls over the course of six months
- A personal leadership communication assessment
- Structured goal development plan and conversation guides
- Leadership experiments to apply after each call
- Resources and tools customized to their coaching development

WHO THIS IS FOR:

Leaders who want to be proactive about change and learn from their peers



Productive Conflict Coaching

COST:

\$8,000.00

FOR 2 PEOPLE

4-MONTH

PARTNERSHIP

There are times during work relationships when we get in our own way. This experience is for two leaders experiencing misaligned communication or barriers to collaboration. We will create space for each person to develop trust in the coaching process, self-identify responsibility, choice and control within their respective perspectives. The outcome is to enable ownership and empathy and discover solutions to the current relational challenges.

COACHING PACKAGE FOR TWO LEADERS INCLUDES:

- 6 individual calls over the course of four months
- Relationship Conflict reflection guide
- 2 group coaching calls at a minimum
- Identify desired coaching outcomes for the relationship
- Increase skills for empathy and perspective taking
- Provide conflict behaviour coaching to support more effective conversation
- Design and support the leaders to prepare for a shared goal conversation

IFS Coaching

COST:

\$4,000.00

4-MONTH

PARTNERSHIP

Internal Family Systems (IFS) Coaching involves using an IFS framework to explore coping patterns, connect more deeply with your inner parts, and increase your skill to identify and lead from your most confident Higher Self.

Trained in Level 1 IFS Therapy, Elaine uses visualization and coaching techniques to help your ego relax so you can befriend and better understand your inner parts that may impact your confidence in an effort to keep you safe from perceived harm.

COACHING PACKAGE INCLUDES:

- 8 coaching calls over the course of four months
- Support building your Inner Parts Map
- Increase your skill at identifying your Manager and Fire Fighter Parts
- Restore faith in your ability to self-lead with consciousness

* This is not a form of Therapy



Elaine Broe is a leadership designer, facilitator, executive coach and founder of the Leadership Collaboratory. With twenty-five years experience designing programs for a diverse list of clients, she provides skilled guidance, strategic questions, and creative design solutions that will help you continue to create engaged leadership and powerful solutions for your unique and growing needs.

Clients have joked about Elaine's encyclopedic knowledge of leadership models and current research. As faculty at Banff Centre and THINK School of Creativity, she is constantly examining what's new in the field of leadership. Elaine designs experiences, as a facilitator and a coach, that encourage exploration, challenge assumptions, and share collective wisdom.

What I Bring

Elaine is a certified PCC level Executive Coach with the International Coaches Federation (ICF), bringing over 30,000 hours of coaching experience, and 25 years in leadership development supported by multiple certifications in behavioral assessments. With a Master's degree in Leadership, Level 1 training in Internal Family Systems (IFS), and a certificate in mediation, she is a life long learner. Certified in DiSC, Five Team Behaviors, EQi 2.0, and the Enneagram, Elaine has an endless resource of tools and approaches that support the changes you want to make.

Unlike many consultants, Elaine has worked in organizations for the better part of her career, leading teams, navigating politics, and getting the work done. She spent 11 years of her career at the Banff Centre, supporting clients with organizational change and leading program design in the leadership development division. At lululemon athletica, Elaine led the global design of their retail training program with a dynamic team of people. She started her own company in 2013 and works across a variety of sectors with organizations and leaders around the globe.

Shall we begin? Email me to book a consultation call: info@elainebroe.com

